



The Shamanic Healing Collective
Teaching & Healing
in the Tradition of Classic Shamanism

~ **DANCE INTO TRANCE** ~

Access Expanded States of Awareness
to Energize and Heal
with Movement, Music, Drumming & Breath

2nd Fridays alternating months, 7-9 pm
May 14 ~ July 9 ~ Sept. 10 ~ Nov. 12

"Moving trance" is a timeless cross-cultural spiritual and healing practice, providing a doorway into places beyond the limits of normal perception. This event is an experiential opportunity to attain visionary states through the traditional *Spirit or Shaman's Dance* and more modern forms, for direct connection to the dimensions of Spirit and the Divine. Time and space will be available for shamanic journeying.

Led by J.P. Tindell, M.S., Founder
The Shamanic Healing Collective, www.shamanichealingcollective.org
Shamanic Healing Practitioner

Cost: \$20/person donation requested
Location: Canyon Spirit Yoga Center, 538 Auburn Ravine Rd., Auburn
Bring: Drum/rattle, blanket/pillow, drinking water, blindfold, socks

Advance registration required: 916-296-8232, jptindell@yahoo.com
Space limited to 12; no prior experience required



Shamans are primarily Healers ~ a type of medicine man or woman especially distinguished by the use of journeys to hidden worlds to access power and healing for the benefit of others. Shamanism is the oldest human system of spirituality and healing.